

● - glenoid labrum

- ring of soft cart. - to edge of glenoid
- inner edge free.
- like a girth.

lined with synovial membrane + forms sheath to long head of biceps.

Movements - circumduction, rotation

- horizontal adduction.

Applied anatomy

- dislocation of joint frequent.
- by fall with arm abducted.
- apt to be recurrent.

● Radius & ulna

Ulna - elbow important - head at bottom.

- upper extremity - coronoid
olecranon) trochlea

olecranon - edge of superior surface

- capsule of elbow joint

- behind - smooth place, then ridge.

- bursa.

- back - Δ surface, bare, subcutaneous.

medial - coronoid process

flexor carpi ulnaris

Coronoid - capsule round edge.

under - tuberosity of ulna

brachialis

medial - ~~head of ulna~~ subcutaneous.

pronator teres

Shaft - 2 sides - dorsal border.

- aponeurosis

shaft - curved.

- medial part bows forward & lateral part curves back.
- to allow blood vessels & nerves to reach upper limb.

Clavicle is subcutaneous (immediately under skin)

- liable to break as shaft is curved.

Scapula - a flat bone, triangular.

- primitive man used it as shovel.
- covers upper ribs from 2 to 7.
- curved to fit back & side of chest.
- has 2 surfaces.

1) costal - faces towards ribs.

hollowed to fit curve of chest.

2) dorsal - faces towards back.

has spine or ridge crossing upper dorsal surface making a ditch (fossa) supra spinous fossa, above spine.

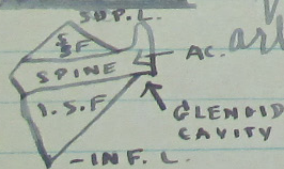
infra " " below spine.

- strengthening bar

- followed laterally, ends in acromion.

or top of shoulder.

Acromion - flat projection overhanging shoulder articulating with lateral end of clavicle.



- for shoulder joint.

Process - upper - thin

- ends laterally in coracoid process. (robin's beak).

- for attachment of muscles & ligaments.



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